

Swim Wales

Selection Statement ASA Inter County Competition 17th October 2010

Introductory Statement

Wales is allowed to enter two teams into the competition. The Two Welsh Teams will be geographically divided as follows

North East and South East Wales (Flintshire, Denbighshire, Wrexham, Powys, Rhondda Cyon Taff, Bleanau Gwent, Torfaen, Merthyr, Monmouth, Newport, Cardiff and The Vale of Glamorgan).

North West and South West Wales (Conwy, Gwynedd, Angelsey, Ceredigion, Pembrokeshire, Carmarthenshire, City and County of Swansea, Neath Talbot and Bridgend).

Selection Statement

- The Teams will be selected on 23rd August 2010.
- Swimmers will be identified from the Welsh Long Course Ranking List (1st January to 9th August 2010).
- The Age Groups are (age on the day of competition)
Boys and Girls 12/13 years
Boys and Girls 14/15 years
Boys and Girls 16/17 years
- The Events are
Individual Events 100 backstroke, breaststroke, butterfly and freestyle.
Relays 4 x 50 Medley Relay in each age group and a 6 x 50 Mixed Freestyle Relay (one boy and girl from each age band).
- Swimmers are allowed to swim two individual events plus both relays.
- Swimmers are not allowed to swim out of age group.
- In the case of a swimmer heading the ranking lists in two or events selection will be based on the programme order.

Additional Conditions

- Swimmers will be notified by post on the 24th August 2010 and expected to accept or decline their selection Friday 10th September 2010 at which point a second round of selections may be required.
- The final teams will be announced on 30th September 2010.
- The North Wales Swimmers assemble in Swansea on Friday 15th October 2010.
- All swimmers will assemble in Swansea and travel to Sheffield on the 16th October 2010.
- Overnight Accommodation will be provided in Sheffield on the 16th October 2010.
- The competition takes place on the 17th October 2010.
- Final Return Points home will be confirmed at a later date.